

feature lunch



Deluxe Croissant Sandwiches

\$16

variety of meat/veggie options with chef's choice salad, sparkling water plus fresh baked cookie

Salad Bar

\$26

spring greens and romaine, cucumber, cherry tomato, sweet bell peppers, black beans, roasted corn niblets, red onion, croutons & taco strips

plus your choice of cheese: crumbled feta or grated cheese

plus your choice of two: hard boiled eggs, tempeh, falafel, sliced ham, sliced turkey or grilled chicken breast

HOT ENTREES

Mediterranean Grill

\$19

seasoned grilled chicken breast, roasted baby potatoes, mediterranean orzo salad w/herby green tahini

WestCoast Grill

\$25

grilled salmon filet with lemon & thyme and wild rice. served with citrus salad and raspberry vinaigrette

Smoked Brisket**

\$28

12hr smoked beef brisket & cornbread bites. served with grilled vegetables and quinoa, roasted yam & kale salad

**advance notice required

Pasta Bar

\$16

build your own pasta bowl. spiral cavatappi & cheese tortellini, mushroom cream sauce or tomato florentine. served with caesar salad and garlic toast

Add Grilled Chicken

\$5

Add Prawns

\$7

EXTRAS

cookies & dessert platter

small \$70

Coffee + Tea Combo

\$3

may include: chocolate chip, smarty, double chocolate. squares may include: lemon burst, brownie, nanaimo, macaroon, etc.

large \$120

Bottle Water

\$1.25

Apple/Orange Juice

\$2

Can of Pop

\$2

Sparkling Water

\$1.25

Some restrictions may apply. Prices are per person unless noted otherwise. Delivery and GST/PST are not included.

A minimum order of 10 to qualify for delivery

2025