

SANDWICHES, SOUPS & SALADS

Deluxe Sandwiches & Wraps \$14

variety of meat/veggie options made with artisan breads, croissants & wraps plus fresh baked cookie.

Tea Sandwiches (1/4 cut) \$11

variety of meat/veggie options made with white, brown & rye bread plus fresh baked cookie.

Soup OR Salad Combo \$4

add a chef's choice salad OR soup of the day

Soup AND Salad Combo \$7

add chef's choice salad AND soup of the day

BOWLS

Crispy Chicken Caesar Bowl \$17

served cold with romaine, croutons & parmesan

Thai Chicken Noodle Bowl \$18

served cold with ramen noodles & sweet chili

Chicken Fajita Bowl \$17

served cold with leafy greens salsa & sour cream

Mediterranean Vegan Bowl \$18

served cold with leafy greens, veggies, falafel & hummus

HOT ENTREE MEALS

Souvlaki \$20

two skewers of chicken or veggie souvlaki, rice pilaf, greek salad, tzatziki, pita and cookie

Lasagna \$15

all beef or vegetarian lasagna with garlic toast, caesar salad and cookie

HOT ENTREES

Beef Dip	\$16
in-house baron of beef, sliced on a garlic buttered hoagie bun and served with gravy	
Rosemary Cream Chicken	\$17
creamy rosemary infused sauce with chicken breast and served with mashed potatoes	
Enchiladas	\$15
tex-mex spiced chicken, beans and cheese rolled in a tortilla. Topped with enchiladas sauce and served with sour cream	
Butter Chicken	\$16
spiced tomato and cream sauce with chunks of chicken and served with basmati rice	
BBQ Pulled Pork & Pasta	\$16
slow cooked pulled pork in a tangy sauce; served with gourmet mac & cheese	
Thai Red Curry	\$16
chicken, peppers, onion and coconut cream; served with rice	
Make it a Meal	\$4
add a chef's choice salad and fresh baked cookie	

EXTRAS

Bag of Chips	\$3	Coffee + Tea Combo	\$3
Garlic Toast	\$2	Bottle Water	\$1.25
Naan	\$2	Apple/Orange Juice	\$2
Pita Bread	\$2	Can of Pop	\$2
		Sparkling Water	\$1.25